

8.6 Swimming Certification



Swimming Certification

It is acknowledged that Rowing is a water sport that carries the possibility that at some point the boat will flip or overturn and thereby spill the rower(s) into the water.

Therefore, the ability to swim is essential to the activity of rowing.

The undersigned certifies that they are in good physical condition and have the ability to swim at least 100 yards without the aid of a flotation device and can also tread water for at least 10 minutes in typical rowing clothes.

Name (please type or print): _____

Signature: _____ Date: _____